

BREAKFAST

Breakfast served
until 11:00

Breakfast

THE SPRUIT HEALTH BREAKFAST 🌱 | R105

Seasonal fruit purée with Greek yoghurt, granola, dehydrated and fresh seasonal fruit topped with roasted nuts

THE MORNING BAGEL | R99

Scrambled eggs, bacon, caramelised onion and cheddar cheese

SMOKED SALMON BAGEL | R155

Scrambled eggs, smoked salmon, cream cheese, balsamic reduction and fresh rocket

SMASHED AVO | R109

Smashed avocado, crumbled feta, basil pesto, pan-fried cherry tomatoes and a poached egg served on toast

SAVOURY SMASHED AVO | R135

Mexican mince, smashed avocado and a poached egg served on toast

Choose your extras:

Bacon R25 | Roasted nuts R18

THE WOLFPACK BREAKFAST | R145

2 eggs, 3 rashers bacon, choice of beef or pork bangers, pan-fried cherry tomatoes, garlic brown mushrooms and toast

Choose your extras:

Beef patty R45 | Potato chips R28

OMELETTE | R55

2 eggs, cheddar cheese and toast

Choose your extras:

Tomato R15 | Onion R10 | Mixed peppers R16 | Chilli R10 | Mushroom R20 | Feta R20 | Avocado R30 | Ham R25 | Bacon R30 | Mince R30

CLASSIC EGGS BENEDICT | R99

English muffin topped with hickory ham, a poached egg and hollandaise sauce

Substitute ham for: Smoked salmon R50

BERRY FLAPJACKS 🌱🌱 | R85

Served with sliced banana, topped with roasted nuts and whipped cream on the side. Choose between syrup or chocolate sauce

Choose your extras:

Bacon R30 | Grated cheddar cheese R25 | Protein Mix R25

BREAKFAST PLATTER (Serves 2) | R145

Berry flapjacks, french toast fingers, seasonal fresh fruit, syrup, bacon, whipped cream, jam and cheddar cheese

LUNCH | DINNER

Served from 11:00

Small Plates

Our small plates are perfect for sharing or for building your own platter

CHICKEN STRIPS^(150g) | R75

Panko-crumbed strips

Choose a sauce:

Cheese sauce | Sweet chilli | Honey mustard mayo

CHICKEN LIVERS | R85

Peri-peri or mild chicken livers in a creamy

Portuguese sauce served with

sourdough bread

NACHO BOWL | R99

Mexican inspired grilled chicken strips, nachos, queso sauce, guacamole, mozzarella and cheddar cheese topped with sour cream

TRUFFLE FRIES | R75

Potato fries with truffle oil, rosemary and parmesan

MOZZARELLA STICKS^(4pc) | R90

Served with sweet chilli sauce

JALAPEÑO POPPERS^(4pc) | R89

Deep fried bacon and cream cheese jalapeño balls

BILTONG POPPERS^(4pc) | R89

Deep fried biltong and cream cheese peppadew balls

CALAMARI

Garlic & Lemon Butter | Small R99 | Main R199

Pan fried calamari and squid heads with garlic lemon butter sauce served with sourdough bread or savoury rice

Portuguese Style | Small R105 | Main R205

Pan fried calamari, squid heads and chorizo tossed in a chilli garlic sauce served with sourdough bread or savoury rice

GORGONZOLA SNAILS | R95

Snails with creamy garlic and gorgonzola sauce in a phyllo pastry parcel

PLTFRM CHEESE BOARD | R245

Selection of cheeses with preserves, cold meats, fresh fruit served with sourdough bread

Braai Broodjies

A South African favourite, toasted bread of your choice served with chips

JOU BRAAI BROODJIE | R85

Tomato, cheddar cheese, red onion with basil mayo

BACK TO BACON | R95

Bacon, tomato, cheddar cheese, red onion with basil mayo

CHICKEN MAYO | R95

Pulled chicken with wholegrain mustard and honey mayonnaise

REGMAKERTJIE | R95

Bacon, scrambled egg and cheddar cheese

Salads

A delightful blend of fresh, crisp ingredients, promising vibrant flavors in every bite

PLTFRM SALAD | R85

Tomato, cucumber, red onion, feta, olives and salad vinaigrette.

Build your own salad with these extras:

Smoked salmon | R75

Asian tangy prawns | R55

Grilled chicken strips | R45

Quinoa | R35

Roasted nuts & seeds | R30

Beetroot | R16

Butternut | R16

Avocado | R25

Fresh seasonal fruit | R16

Sushi

FASHION SANDWICH (8pc)

Salmon | R109

Prawn | R109

Vegetarian | R80

CALIFORNIA ROLL (4pc)

Salmon | R79

Prawn | R79

Vegetarian | R59

SALMON ROSES(3pc) | R105

Poke Bowls

Poke bowl comes standard with the following ingredients: Sushi rice, avocado, cucumber, carrots, crispy onion, grilled corn, zucchini, beetroot and a drizzle of Japanese mayonnaise with your choice of sauce: Spicy Sriracha mayo or Teriyaki soy.

BASIC POKE BOWL | R65

Choose your extras:

Salmon sashimi | R90

Pan fried prawns | R85

Grilled chicken strips | R40

Venison carpaccio | R55

Bao Buns

Steamed Chinese Buns

BEEF BRISKET | R85

Slow cooked pulled brisket with julienne mix of carrot, cucumber and teriyaki sauce

CHICKEN | R80

Panko crumbed chicken, with julienne mix of carrot, cucumber and a honey mustard mayo

CRISPY PORK | R85

Sliced pork belly with tangy coleslaw

Burgers

Our handmade, gourmet beef burgers, made from the finest beef are cooked medium unless stated otherwise. Burgers are served with your choice of a salad or sweet/potato chips. Ask your server for a "naked burger" if you are carb-conscious.

BEEF | CHICKEN(180g) | R120

Beef patty | Grilled or fried chicken breast, topped with lettuce, tomato, pickled onion, gherkin, finished off with homemade aioli

PLTFRM BURGER(180g) | R155

Beef patty with the chef's recommended toppings - avocado, bacon and blue cheese sauce

MUSHROOM BURGER | R109

Garlic brown mushroom topped with lettuce, tomato, pickled onion, gherkin, finished off with homemade aioli

Pizzas

Wood-fired pizzas made with Millstone Farina "00" flour and served with our delicious homemade tomato base & mozzarella, unless otherwise stated.

Gluten-free base + R20 | Sizes: M (20cm) / L (30cm)

CARPACCIO FLAT BREAD | R185

Pizza base with wild rocket, cherry tomato, basil pesto and springbok carpaccio with a drizzle of olive oil and balsamic reduction

MARGHERITA | R69 | R95

Tomato, mozzarella cheese, fresh basil

REGINA | R85 | R119

Ham & mushroom

HAWAIIAN | R85 | R119

Ham & pineapple

THE TRAIL BLAZER | R125 | R165

Shredded cajun spiced chicken, red onion, mixed peppers, mushroom, sliced avocado and sweet chilli sauce

THE HUNGRY WOLF | R130 | R170

Braised beef, caramelised onion, mushroom and olives

THE ITALIAN | R125 | R165

Salami, caramelized onion, mushroom, olives and feta

PRAWN CHILLI CHORIZO | R150 | R195

Chorizo, prawn, green chilli and a touch of garlic

CHICKEN MAYONNAISE | R125 | R160

Creamy chicken mayonnaise with mushroom or pineapple

THE CARBO LOADER | R150 | R195

Thin slivers of biltong, creamy feta cheese, peppadews and sliced avocado

**Substitute biltong for bacon if it's your craving*

THE POSITIVE CRAVING | R125 | R165

Honeyed butternut, feta cheese, caramelised onion, pickled beetroot and pumpkin seeds topped with fresh rocket

Mains

Enhance your dining experience by asking your host for a recommended wine pairing

RIB EYE (300g) | R260

One of the most succulent and flavoursome cuts of beef available

PICANHA (300g) | R160

Also known as rump cap. Full of flavour and has a beautiful rind of fat all around

FILLET (250g) | R199

Tender beef fillet grilled on the open flame

CHICKEN | R90 Half (600g) | R170 Full (1,2kg)

Grilled on the open flame and finished off in the pizza oven

Portuguese | Lemon butter | Chilli flavour

PORK BELLY | R169

Rolled pork belly on a bed of mashed potato with garlic green beans topped with wholegrain mustard sauce

GRILLED CHICKEN BREAST | R125

Grilled chicken breast set on rocket with cherry tomatoes, basil pesto, crumbled feta topped with fresh avocado and shaved parmesan

CHICKEN SCHNITZEL | R115

With cheese | mushroom | peppercorn sauce

SALMON TERIYAKI | R260

Pan seared salmon served on a bed of wasabi mash and teriyaki sauce

MUSHROOM RISOTTO 🍷 | R125

Slow cooked Arborio rice with a trio of pan fried mushrooms

SIDES | R35

Potato/Sweet potato chips

Side salad

Garlic & butter green beans

Baby carrots

Creamed spinach

Oven-baked marrow bone

Crushed potatoes

(add blue cheese sauce for R18)

SAUCES | R35

Peppercorn | Mushroom | Cheese |

Mustard | Bordelaise | Blue cheese

Desserts

Ask your server about our cake selection

SORBET | R65

A light palate cleansing finale to your meal

ICE CREAM & CHOCOLATE SAUCE | R70

Vanilla ice cream with homemade chocolate sauce

WAFFLE | R80

Served with two of the following:

*Vanilla ice cream | Cream |
Homemade chocolate sauce | Golden syrup*

PLTFRM CHEESECAKE | R85

Amarula infused cheesecake

Pups

Our Doggie Bowls are packed full of vitamins and pet-safe ingredients while still being the ultimate treat for your furry, four-legged best friend.

BAKED BEEF CHEW | R20

MARROWBONE | R20

PET MINCE BOWL | R25

Chicken liver & Beef mince cooked with vegetables

DID YOU KNOW?

All proceeds from our doggie meals will go to a quarterly selected pet charity.

Keep an eye on our socials to see which organisations received your support.

Slurp

With the Slurp club wristband your child gets access to a set menu with various food options; mini bottomless snacks & desserts, 4 fun activity stations, sunscreen station and a dedicated Slurp team to make sure your kids stay safe and have fun! Let the Slurp club take care of everything, while you relax!

Ask our experience manager for more info or visit our social media pages for the latest updates and events.

SLURRP STATIONS

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|--------------------------|--|
| 1. Crafty Sandbox | Messy play in the sandbox, exploring the jungle gym, face painting and creating fun arts and crafts. |
| 2. Funfit | Physical activities & sports that are fun, and helpful in developing hand-eye coordination. |
| 3. Anthill | Where your children can play, crawl & glide all day long. |
| 4. Pumptrack | Our Pumptrack Station is the perfect place for kids to bring their bikes and have some fun! |

TRADING HOURS

- | | |
|-------------------|---|
| Slurp bar | Friday: 10:00 - 20:00
Saturday & Sunday: 08:00 - 17:00
Public & School Holidays: 08:00 - 20:00 |
| Activities | Friday - Sunday: 10:00 - 17:00
Public & School Holidays: 10:00 - 17:00 |
| Playball | Fridays: 16:30 - 18:00
Saturdays & Sundays: 9:00 - 11:00
Public & School Holidays: Please keep an eye on our socials for the upcoming school holiday program. |

Kiddies meal

*Specially crafted for our little guests.
Hungry? Let's get those tummies full...*

MARGHERITA PIZZA | R65

An easy cheesy pizza

HAM AND CHEESE PIZZA | R65

Team pineapple? Add extra pineapple

CHICKEN STRIPS^(60g) | R65

Served with chips and cheese sauce

MINI FLAPJACK / WAFFLE | R65

Add any 2 of the following:

*Bacon | Syrup | Cheddar cheese |
Strawberries | Banana | Nutella*

CHEESE & TOMATO TOASTY | R65

Served with chips

KIDDIES SLIDER BURGER | R65

*Chicken OR Beef, with a slice of cheddar
cheese and chips*

SPAGHETTI BOLOGNAISE | R65

Spaghetti and saucy mince

Drinks

You must be thirsty from all that playing...

JUICE BOX | R25

Variety of flavours

Gather, Feast, Unwind

PLTFRM is a lifestyle experience for the whole family. We are passionate about food, making memories, people, and of course South Africa in all its diverse and indescribable beauty. We want to thank you sincerely for embarking on this journey with us.

We built this business to create a family experience, at the same time serving our community with a focus on women, children, and conservation by contributing 1% of our total monthly turnover to selected organisations.

We thank you for your continuous support!

SPECIALITIES

Apart from the mouth-watering decadence you can expect to find in this menu, our speciality boards feature seasonal delicacies inspired by our travels and collaborations.

KINDLY NOTE

A 10% service fee will be added to all tables larger than 10.

Please notify us if you have any food allergies.

Prices might change without prior notice.

FOLLOW OUR JOURNEY

Follow our journey on Instagram and Facebook for the latest updates & events.

www.pltfrmwolwespruit.co.za  