

# BREAKFAST

Breakfast served  
until 11:00

# Breakfast

## THE SPRUIT HEALTH BREAKFAST 🍏 | 125

Papaya purée with Greek yoghurt, granola, with fresh seasonal fruit topped with roasted nuts

## THE BREAKFAST BUN | 90 **NEW**

Bacon, fried egg, caramelised onion and cheddar cheese

## SMOKED SALMON BAGEL | 175

Scrambled eggs, smoked salmon, cream cheese, balsamic reduction and fresh rocket

## SMASHED AVO | 130

Smashed avocado, crumbled feta, basil pesto, pan-fried tomatoes and a poached egg served on toast

## SAVOURY SMASHED AVO | 150

Sweetcorn waffle with savoury mince, smashed avocado and a poached egg.

Choose your extras:

Bacon 30 | Roasted nuts 20

## THE WOLFPACK BREAKFAST | 175

2 eggs, 3 rashers bacon, choice of beef or pork bangers, pan-fried tomato, sauteed mushrooms and toast

Choose your extras:

Beef patty 45 | Potato chips 40

## OMELETTE | 70

2 egg omelette with cheddar cheese and toast

Choose your extras:

Tomato 15 | Onion 10 | Mixed peppers 15 |  
Chilli 10 | Mushroom 20 | Feta 20 | Avocado 30 |  
Ham 25 | Bacon 30 | Mince 30

## CLASSIC EGGS BENEDICT | 110

English muffin topped with hickory ham, a poached egg and hollandaise sauce

Substitute ham for: Smoked salmon 50

## FLAPJACKS (Gluten Free) 🚫🌱 | 100

Served with sliced banana, topped with roasted nuts and whipped cream on the side. Choose between syrup or chocolate sauce

Choose your extras:

Bacon 30 | Grated cheddar cheese 25 |  
Protein mix 25

## BREAKFAST PLATTER (Serves 2) | 170

Flapjacks, french toast fingers, seasonal fresh fruit, syrup, bacon, whipped cream, jam and cheddar cheese

# LUNCH | DINNER

Served from 11:00

# Small Plates

Our small plates are perfect for sharing or for building your own platter

## CHICKEN STRIPS<sup>(150g)</sup> | 85

Panko-crumbed strips

Choose a sauce:

Cheese sauce | Sweet chilli | Honey mustard mayo

## CHICKEN LIVERS | 105 **NEW**

Pan fried chicken livers in a spicy peri-peri or mild sauce, served with ciabatta bread

## SMOKED SPRINGBOK CARPACCIO | 130

Smoked springbok carpaccio topped with capers, parmesan, spring onion with balsamic reduction

## MOZZARELLA STICKS (4pc) | 99

Served with sweet chilli sauce

## JALAPEÑO POPPERS (4pc) | 99

Deep fried bacon and cream cheese jalapeño balls

## BILTONG POPPERS (4pc) | 99

Deep fried biltong and cream cheese peppadew balls

## CALAMARI **NEW** | Small 120 | Main 240

*Portuguese Style*

Pan fried calamari, squid heads and chorizo tossed in a chilli garlic sauce served with sourdough bread or savoury rice

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*Deep fried*

Lightly battered, dusted with Cajun & deep fried: served on a marinated bed of baby marrow, carrot & garlic aioli

## WHIPPED FETA

## & GREEK YOGHURT DIP | 110 **NEW**

Topped with pan-fried spicy pumkin seeds, sesame seeds & paprika spices with pita triangles

## BAKED FETA IN PHYLLO | 110 **NEW**

Drizzled with honey and toasted sesame seeds.

# Toasted Panini's

*Toasted panini served with chips or side salad.*

*\*substitute with ciabatta, rye, sourdough, white or brown bread at no extra cost.*

## **DIE BRAAI BROODJIE 🌱 | 95**

*Tomato, cheddar cheese, red onion with basil mayo*

## **BACON, AVO AND FETA | 110**

*Bacon, avocado and feta, with basil mayo*

## **CHICKEN MAYO | 110**

*Pulled chicken with mayonnaise, gherkins & onion*

## **REGMAKERTJIE | 110**

*Bacon, fried egg and cheddar cheese*

# Salads

*A delightful blend of fresh, crisp ingredients, promising vibrant flavours in every bite*

## **PLTFRM SALAD 🌱 | 95**

*Tomato, cucumber, red onion, feta, olives and salad vinaigrette.*

*Build your own salad with these extras:*

*Smoked salmon | 80*

*Grilled prawns | 100*

*Grilled chicken strips | 55*

*Couscous | 35*

*Roasted nuts & seeds | 35*

*Beetroot | 25*

*Butternut | 25*

*Avocado | 35*

*Fresh seasonal fruit | 25*

# Sushi

## **FASHION SANDWICH** (8pc)

Salmon | 130

Prawn | 130

Vegetarian | 95

## **CALIFORNIA ROLL** (4pc)

Salmon | 99

Prawn | 99

Vegetarian | 80

## **DEEP FRIED** (4pc) **CALIFORNIA ROLL**

Deep fried served with sweet chilli sauce & sushi mayo

Salmon | 105

Prawn | 105

Vegetarian | 85

## **SALMON ROSES**

(3pc) | 120

## **SUSHI PLATTER**

For One - (20pc) | 450 **NEW**

Fashion Sandwich  
8 x Pieces

California Roll  
8 x Pieces

Salmon Roses  
4 x Pieces

# Poke Bowls

Poke bowl comes standard with the following ingredients: Sushi rice, avocado, cucumber, carrots, crispy onion, grilled corn, zucchini, beetroot and a drizzle of Japanese mayonnaise with your choice of sauce: Spicy Sriracha mayo or Teriyaki soy.

## **POKE BOWL BASE** 🌱 | 90

Choose your extras:

Salmon sashimi | 100

Pan fried prawns | 100

Grilled chicken strips | 60

Venison carpaccio | 70

# Bao Buns

Steamed Chinese buns. Feeling adventurous and want to try them all? Ask your waitron for a mix of all three!

## **BEEF BRISKET | 105**

Slow cooked pulled brisket with julienne mix of carrot, cucumber.

## **CHICKEN | 105**

Panko crumbed chicken, with julienne mix of carrot, cucumber and a honey mustard mayo

## **PULLED PORK | 105 NEW**

Pulled pork with tangy coleslaw

# Burgers

Our handmade, gourmet beef burgers, made from the finest beef are cooked medium unless stated otherwise. Burgers are served with your choice of a salad or sweet/potato chips. Ask your server for a "naked burger" if you are carb-conscious.

## **BEEF | CHICKEN (180g) | 145**

Beef patty | Grilled or fried chicken breast, topped with lettuce, tomato, onion marmalade, gherkin, finished off with homemade horseradish aioli

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Double patty +45

## **PLTFRM BURGER(180g) | 175**

Beef patty with the chef's recommended toppings - avocado, bacon and blue cheese sauce

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Double patty +45

## **MUSHROOM BURGER 🍄 | 135**

Garlic brown mushroom topped with lettuce, tomato, onion marmalade, gherkin, finished off with homemade horseradish aioli

# Pizzas

Wood-fired pizzas made with Millstone Farina "00" flour and served with our delicious homemade tomato base & mozzarella, unless otherwise stated.

**Gluten-free base + 20 | Sizes: M (20cm) / L (30cm)**

## **CARPACCIO FLAT BREAD | 195**

*Pizza base with wild rocket, cherry tomato, basil pesto and springbok carpaccio with a drizzle of olive oil and balsamic reduction*

## **MARGHERITA 🍃 | 80 | 100**

*Tomato, mozzarella cheese, fresh basil*

## **REGINA | 110 | 155**

*Ham & mushroom*

## **HAWAIIAN | 110 | 155**

*Ham & pineapple*

## **THE TRAIL BLAZER | 150 | 190**

*Shredded cajun spiced chicken, red onion, mixed peppers, mushroom, sliced avocado and sweet chilli sauce*

## **THE HUNGRY WOLF | 150 | 190**

*Braised beef, caramelised onion, mushroom and olives*

## **THE ITALIAN | 150 | 190**

*Salami, caramelised onion, mushroom, olives and feta*

## **PRAWN CHILLI CHORIZO | 175 | 220**

*Chorizo, prawn, green chilli and a touch of garlic*

## **CHICKEN BBQ | 160 | 190**

*Tasty chicken barbeque with mushroom & pineapple*

## **THE CARBO LOADER | 170 | 220**

*Thin slivers of biltong, creamy feta cheese, peppadews and sliced avocado*

*\*Substitute biltong for bacon if it's your craving*

## **THE POSITIVE CRAVING 🍃 | 140 | 180**

*Honeyed butternut, feta cheese, caramelised onion, pickled beetroot and pumpkin seeds topped with fresh rocket*

## **THE PULLED PORK | 170 | 210 NEW**

*Smokey bbq pulled pork, with sliced jalapeño & pineapple.*

# Mains

All served with one side of your choosing,  
(except Truffle fries.)

## **RIB EYE**(300g) | 295

One of the most succulent and flavoursome cuts of beef available

## **PICANHA**(300g) | 260

Also known as rump cap. Full of flavour and has a beautiful rind of fat all around

## **FILLET**(250g) | 290

Tender beef fillet grilled on the open flame

## **SPATCHCOCK CHICKEN** | 210 **NEW**

Grilled on the open flame and finished off in the pizza oven

Portuguese | Lemon butter | Chilli | BBQ

## **PORK BELLY** | 210

Rolled pork belly on a bed of mashed potato with garlic green beans topped with wholegrain mustard sauce

## **GRILLED CHICKEN BREAST** | 160

Grilled chicken breast set on rocket with cherry tomatoes, basil pesto, crumbled feta topped with fresh avocado and shaved parmesan

## **CHICKEN SCHNITZEL** | 160

With cheese | mushroom | peppercorn sauce

## **SALMON TERIYAKI** | 305

Pan seared salmon served on a bed of wasabi mash and teriyaki sauce

## **MUSHROOM RISOTTO** 🌱 | 155

Slow cooked Arborio rice with a trio of pan fried mushrooms

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### **SIDES** | 39

Potato/Sweet potato chips

Side salad

Garlic & butter green beans

Baby carrots

Creamed spinach

Oven-baked marrow bone

Crushed potatoes

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Truffle fries | 75

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### **SAUCES** | 39

Peppercorn | Mushroom | Cheese |

Mustard | Bordelaise | Blue cheese

# Desserts

*Ask your server about our cake selection*

## **NUTELLA SLICE | 95 NEW**

*Decadent chocolate slice served with vanilla ice-cream*

## **ICE CREAM & CHOCOLATE SAUCE | 80**

*Vanilla ice cream with homemade chocolate sauce*

## **PLTFRM CHEESECAKE | 95**

*A rich, velvety cheesecake infused with Amarula, set in the fridge to create the perfect balance of a creamy, smooth filling and a crisp, buttery base*

# Pups

*Our Doggie Bowls are packed full of vitamins and pet-safe ingredients while still being the ultimate treat for your furry, four-legged best friend.*

## **BAKED BEEF CHEW | 40**

## **MARROWBONE | 40**

## **PET MINCE BOWL | 45**

*Chicken liver & Beef mince cooked with vegetables*

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### **DID YOU KNOW?**

*Proceeds from our doggie meals will go to a quarterly selected pet charity.*

*Keep an eye on our socials to see which organisations received your support.*



*With the Slurrp club wristband your child gets access to a set menu with various food options; mini bottomless snacks & desserts, 4 fun activity stations, sunscreen station and a dedicated Slurrp team to make sure your kids stay safe and have fun! Let the Slurrp club take care of everything, while you relax!*

*Ask our experience manager for more info or visit our social media pages for the latest updates and events.*

## SLURRP STATIONS

- |                   |  |
|-------------------|--|
| 1. Crafty Sandbox | Messy play in the sandbox, exploring the jungle gym, face painting and creating fun arts and crafts. |
| 2. Funfit         | Physical activities & sports that are fun, and helpful in developing hand-eye coordination.          |
| 3. Wolfden        | Where your children can play, crawl & glide all day long.  |
| 4. Pumptrack      | Our Pumptrack Station is the perfect place for kids to bring their bikes and have some fun!          |

## TRADING HOURS

- |            |  |
|------------|--|
| Slurrp bar | Friday: 10:00 - 20:00<br>Saturday & Sunday: 08:00 - 17:00<br>Public & School Holidays: 08:00 - 20:00 |
| Activities | Friday - Sunday: 10:00 - 17:00<br>Public & School Holidays: 10:00 - 17:00                            |

# Kiddies meal

*Specially crafted for our little guests.  
Hungry? Let's get those tummies full...*

## **MARGHERITA PIZZA** 🌱 | 70

*An easy cheesy pizza*

## **HAM AND CHEESE PIZZA** | 70

*Team pineapple? Add extra pineapple*

## **CHICKEN STRIPS** (100g) | 75

*Served with chips and cheese sauce*

## **MINI FLAPJACK / WAFFLE** | 70

*Add any 2 of the following:*

*Bacon | Syrup | Cheddar cheese |  
Strawberries | Banana | Nutella*

## **KIDDIES TOASTY** | 70

*Chicken Mayo or plain Cheese served with chips*

## **KIDDIES SLIDER BURGER** | 70

*Chicken OR Beef, with a slice of cheddar  
cheese and chips*

## **SPAGHETTI BOLOGNAISE** | 70

*Spaghetti and saucy mince*

# Drinks

*You must be thirsty from all that playing...*

## **JUICE BOX** | 30

*Variety of flavours*

## **WATER** | 30

*Small Still or Sparkling*

# Gather, Feast, Unwind

*PLTFRM is a lifestyle experience for the whole family. We are passionate about food, making memories, people, and of course South Africa in all its diverse and indescribable beauty. We want to thank you sincerely for embarking on this journey with us.*

*We built this business to create a family experience, at the same time serving our community with a focus on women, children, and conservation by contributing 1% of our total monthly turnover to selected organisations.*

*We thank you for your continuous support!*



## **SPECIALITIES**

*Apart from the mouth-watering decadence you can expect to find in this menu, our speciality boards feature seasonal delicacies inspired by our travels and collaborations.*

## **KINDLY NOTE**

*A 10% service fee will be added to all tables larger than 10.*

*Please notify us if you have any food allergies.*

*Prices might change without prior notice.*

## **FOLLOW OUR JOURNEY**

*Follow our journey on Instagram and Facebook for the latest updates & events.*

**[www.pltfrmwolwespruit.co.za](http://www.pltfrmwolwespruit.co.za)**  